

Central Elementary School

District Goal

GMRSD, through partnerships
with home and community and
the use of Positive Behavior
Support and Restorative
Discipline practices, strives to
develop the strength of
character, the skills, and the
knowledge necessary to produce
responsible citizens, prepared to
live in a diverse and
ever-changing world.

SOCIAL/EMOTIONAL LEARNING

When Students have SEL as part of their instruction you can expect them to have:

- Academic Success Positive Social Behavior
- Fewer Conduct Problems
- Lesson Emotional
- Distress

SEL fosters emotional-intelligence and improves decision-making by learning competencies such as self-awareness, self-regulation, self-monitoring, empathy, perspective taking, communication, problem-solving and conflict resolution.

Teaches students:

Self awareness, self management, social awareness, relationship skills, responsible decision making

Research shows that Incorporating SEL:

-Improved academic performance - Improved attitudes and -Fewer negative behaviors behaviors - Reduced emotional distress

Jesse Lewis Choose Love Movement

The starter

Courage + Gratitude + Forgiveness + Compassion in Action

(including service to others)

= choosing love!

Character Ed Initiative

Positive Behavior Supports in Schools

- Jaguar Star Tickets: Students can receive a ticket for displaying courage, gratitude, forgiveness, or compassion in action (Choose Love Pillars).
- Winners are announced during Virtual Fridays. Winners will receive a prize from out prize box in the Main Office.
- Tickets are displayed in hallway
- Student of the Month- announced at BOE meeting and morning announcements.

SCHOOL random acts of

STUDENT

SPOTLIGH

Week of Respect

Monday 10/5- Wear Blue Day: Stomp Out Bullying



Tuesday 10/6- Tuesday 10/6- Mix & Match: Dare to Be Different

Wednesday 10/7- Tye Dye Day: Peace Love & Kindness



Thursday 10/8- Sports Apparel: Team Up Against Bullying





we're all Great Meadows Jaguars!

RESPECT



- Theme Days



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Morning Mindfulness

- Morning Announcements each morning incorporate mindfulness

For finger breaths, start with one hand open and spread your fingers. Now take your other hand and stick out your pointer finger. You will take that pointer finger and trace all around your fingers. Breathe in when you trace up a finger, and breathe out when you trace down a finger. Ready?

FINGER BREATHS



SETTLE YOUR THOUGHTS

Sometimes the thoughts in our brains are swirling around so fast, it's like a brain tornado.

Take some slow deep breaths while watching your thoughts spin.

Watch them settle and feel your brain calm down.

Restorative Practices

When something has gone wrong...

- What happened?
- What were you feeling?
- What was your brain saying?
- Who else do you think was affected by what happened?
- What do you think you need to do to make this better?

Choices Think Sheet

What choice did you

- Milet emake?How were you feeling
- before you made the choice?
- What did you want?

Address and discuss the needs of the school community Build healthy relationships between educators and students

Restorative Practices

Resolve conflict, hold individuals and groups accountable Reduce, prevent, and improve harmful behavior

Repair harm and restore positive relationships

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